



Raising Thinking Children and Teens ***Guiding Mental and Moral Development***

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Foreword by Evacheska deAngelis

Full of daily life advice for parents and cutting edge research for educators and policy makers, *Raising Thinking Children and Teens: Guiding Mental and Moral Development*, is a must have guidebook for adults helping the next generations realize their potentials in highly positive ways. This book is full of profound ideas for changing the way we think about learning, about how the brain learns and learns to learn, and about learning while living daily life. *Raising Thinking Children and Teens: Guiding Mental and Moral Development* takes readers into the thinking processes of young people, ranging from preschool age, to K-8/9 age, to teenage, and shows how to reach them, to help them, to empower them. "Moral intelligence" is one of the keys. Angela Browne-Miller explains how to guide young people in developing this, emphasizing that this moral intelligence is a decision-making function and does not reflect any particular religious or philosophical view. Rather, this function can be learned and can help empower other learning processes. Browne-Miller also explores

human potential and ways to raise thinking children and teens who will be able to maximize their mental and learning potentials. Examining both the folklore and the scientific debates about intelligence, Browne-Miller shows the danger of mislabeling and tracking students, and how to watch for and prevent this mislabeling at school, in the home, and in society in general. The book also treats topics such as the quality of care and safety in school and preschool settings, effects of the physical environment on learning, the role of organization in thinking, childhood stress and hypochondria, child abuse outside the home, and family violence. A valuable book for parents, college and graduate students, and professionals including educators, health and mental health professionals – social workers psychologists, nurses, physicians, and others – and policy makers.

Dr. Angela Browne-Miller is the founder of Addiction Stoppers based in northern California, director of the Metaxis Institute based in northern California, and has been a keynote speaker at conferences around the world on the human mind and consciousness, aging, human development through the life cycle, addiction, violence, trauma, learning, and behavior change. She is set editor for the *Praeger International Collection on Addictions* and for the *Violence and Abuse in Society* set, and she is author of numerous books, including *Rewiring Your Self to Break Addictions* and *To Have and to Hurt: Recognizing and Changing, or Escaping, Patterns of Abuse in Intimate Relationships*. Browne-Miller earned two doctorates and two master's degrees at the University of California, Berkeley, where she lectured in three departments for fourteen years. She has served as a National Institute of Mental Health Postdoctoral Fellow, a U.S. Department of Public Health Fellow, the Research Education and Treatment Director for the Cokenders Alcohol and Drug Program, an advisor to addiction treatment programs in the United States and several other countries, and project director on several California Department of Health violence prevention projects. She has worked in clinical and educational settings with several thousand persons. Dr. Browne-Miller is an internationally recognized expert in: issues across the lifespan including childhood, adolescence, college years, parenting, midlife, aging; abuses, violences, traumas; addictions affecting persons of all ages; and, adaptation, learning and performance in all stages of life. Dr. Browne-Miller teaches seminars and continuing education based on the material in her books, as explained at her url below.

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